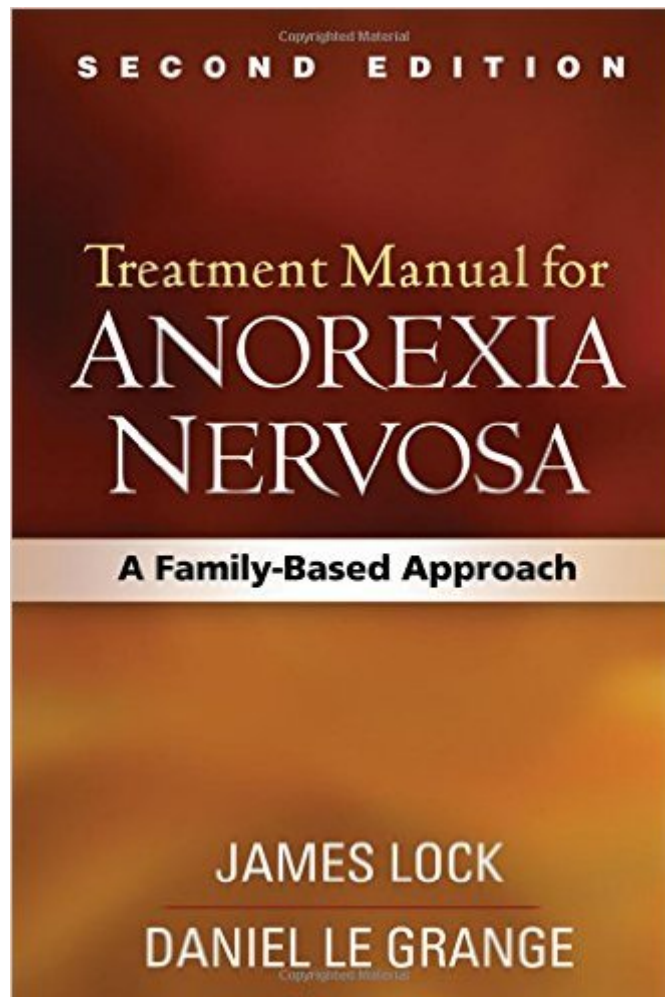


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Treatment Manual For Anorexia Nervosa, Second Edition: A Family-Based Approach



Synopsis

This indispensable manual presents the leading empirically supported treatment approach for adolescents with anorexia nervosa (AN). What sets family-based treatment apart is the central role played by parents and siblings throughout therapy. The book gives practitioners a clear framework for mobilizing parents to promote their child's weight restoration and healthy eating; improving parent-child relationships; and getting adolescent development back on track. Each phase of therapy is described in session-by-session detail. In-depth case illustrations show how to engage clients while flexibly implementing the validated treatment procedures. New to This Edition*Reflects the latest knowledge on AN and its treatment, including additional research supporting the approach.*Clarifies key concepts and techniques.*Chapter on emerging directions in training and treatment dissemination.*Many new clinical strategies.

Book Information

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Customer Reviews

Although I am a well trained child psychiatrist and somehow an experienced clinician, I have no formal training in FBT for eating disorders. However, I am treating my first case of a young girl suffering from AN following the directives of this manual, with excellent results so far. I truly recommend this excellent book.

Relevant

Really like this book. Details how each session should go. Can't wait to see if it is a success with clients.

This book was purchased for my mum and she said it is amazing, has helped her a lot with everything

This is a useful book!

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